

Scandinavian Capitals & Fjords



14 Days / 13 Nights

🕒 Scandinavian Capitals & Fjords

This independent tour is a firm favourite! Discover the very best of **Scandinavia**, combining the charm of four Nordic capitals—**Copenhagen, Oslo, Stockholm, and Helsinki**—with the breathtaking natural beauty of **Norway's fjords**. Travel comfortably by **train and overnight cruise ships**, enjoying the perfect balance of culture, scenery, and relaxation.

Adding to the adventure, we've included the world-famous **Norway in a Nutshell** journey from **Oslo to Bergen**—a definite highlight! Experience some of Norway's most stunning landscapes as you ride the **Bergen and Flåm Railways**, cruise along the **UNESCO-listed Aurlandsfjord and Nærøfjord**, and drive up the spectacular **Stalheimskleiva road** with its dramatic hairpin bends.

This unforgettable holiday is the perfect choice for those wishing to experience the **Scandinavian capitals and Norway's magnificent nature** in a relatively short time—an inspiring blend of cities, culture, and fjord-side wonder.

▶ If you prefer a fully escorted tour, explore our **Nordic Capitals & Spectacular Fjords**



PURESCANDINAVIA

hero image

Arrive in Bergen, Gateway to the Fjords

🕒 Arrive in Bergen

Arrive in **Bergen**, Norway's picturesque second-largest city, nestled between seven mountains and surrounded by serene fjords. Often called the *Gateway to the Fjords*, Bergen enchants visitors with its colourful wooden houses, cobbled streets, and lively harbour atmosphere.

Steeped in maritime history and brimming with charm, the city offers the perfect introduction to Norway's fjord country—where breathtaking natural beauty meets a warm, welcoming coastal culture.

🏠 Centrally Located Hotel in Bergen

Two night's accommodation is provided in the city centre.



Explore Bergen, Gateway to the Fjords

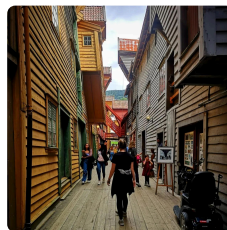
🕒 Day at leisure in Bergen

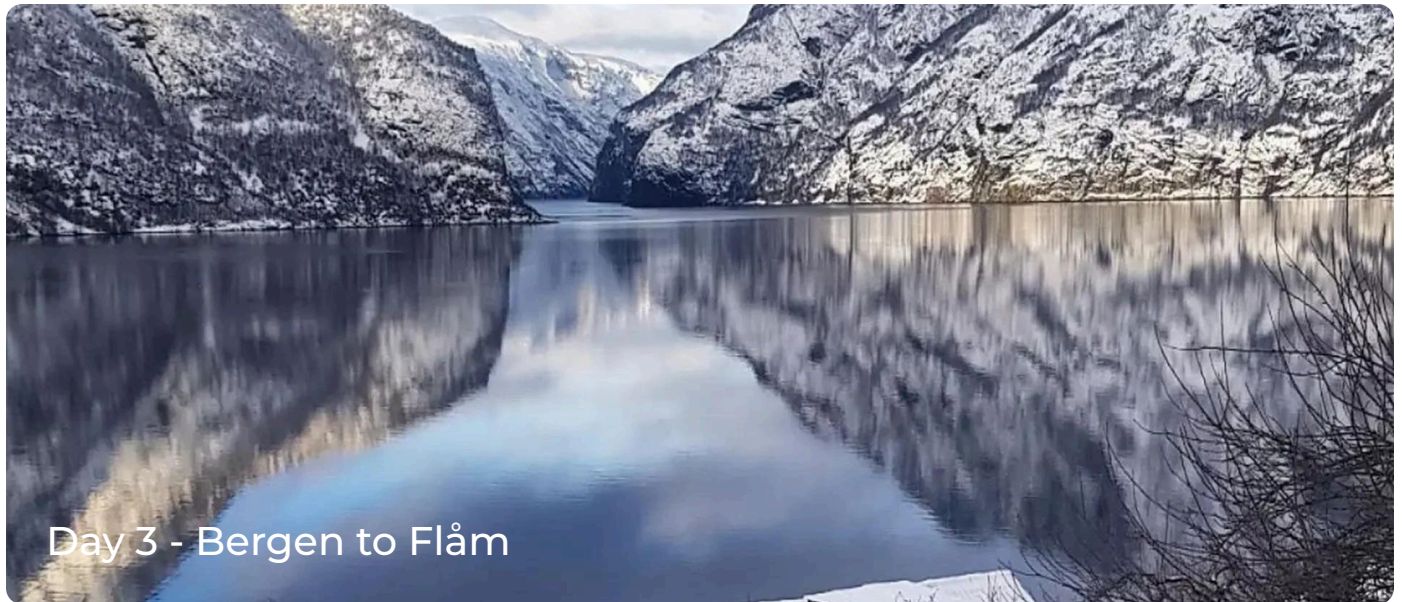
Enjoy a full day to explore **Bergen**, often called the *Gateway to the Fjords*. Surrounded by mountains and sea, this charming coastal city offers a perfect blend of history, culture, and natural beauty.

Stroll through the **UNESCO-listed Bryggen Wharf**, with its colourful wooden buildings that once housed Hanseatic merchants, or ride the **Fløibanen Funicular** to the top of Mount Fløyen for sweeping views over the city and fjord.

Visit **Troldhaugen**, the home of Norway's famous composer **Edvard Grieg**, explore the lively **Fish Market**, or discover marine life at the **Bergen Aquarium**.

Step back in time at **Gamle Bergen**, the open-air museum showcasing life in centuries past, or for a more active adventure, join a **guided Segway tour** to take in Bergen's highlights from a fresh perspective. However you choose to spend the day, Bergen's mix of heritage, scenery, and Scandinavian charm promises an unforgettable experience.





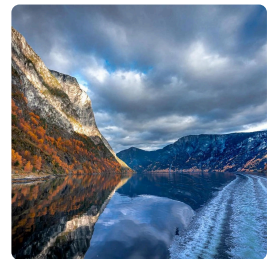
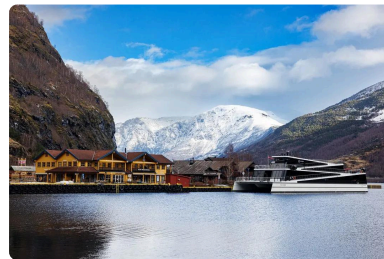
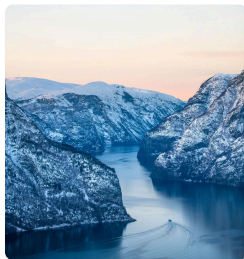
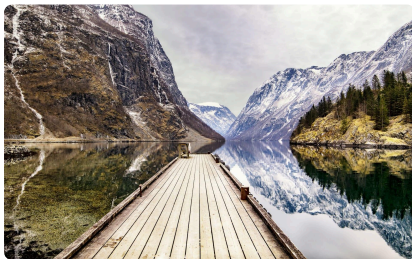
Day 3 - Bergen to Flåm

Scenic Train, Bus, and Fjord Cruise Adventure

🕒 Norway in a Nutshell: Bergen to Flåm

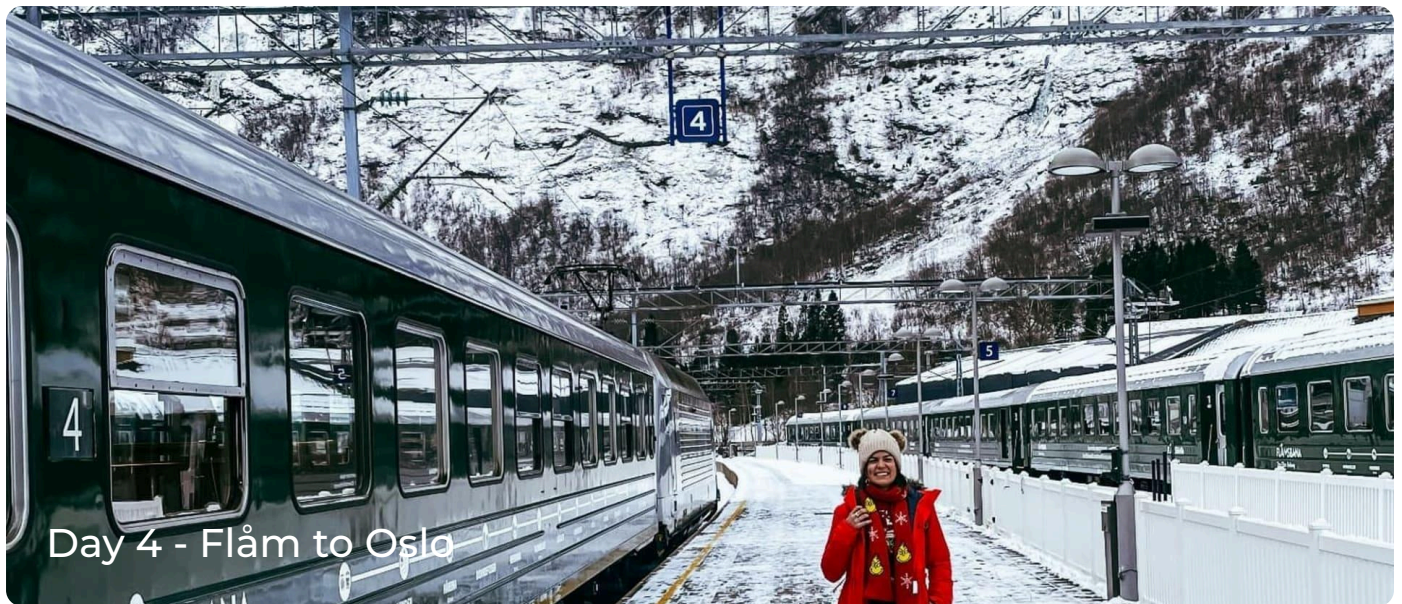
Your **Norway in a Nutshell** adventure begins with a scenic **train journey from Bergen to Voss**, passing through picturesque mountain landscapes and emerald valleys. From Voss, continue by **bus along the dramatic Stalheimskleiva Road**, famous for its 13 thrilling hairpin bends and breathtaking views, before travelling through the **Nærøyfjord Valley** to the charming village of **Gudvangen**.

Here, board a **fjord cruise across the UNESCO-listed Aurlandsfjord and Nærøyfjord**, where towering cliffs, cascading waterfalls, and tranquil waters create one of the most spectacular natural landscapes in Norway. Arrive in **Flåm**, nestled deep in the fjord, where the afternoon is yours to explore. Enjoy hiking trails, rent a bike, or try kayaking on the fjord for a closer look at this stunning region. However you choose to spend your time, Flåm offers an unforgettable blend of breathtaking scenery and authentic Norwegian charm.



🏠 Hotel in Flåm Town Centre

One night's accommodation is provided in the town centre.



Day 4 - Flåm to Oslo

Scenic Flåm Railway and Bergen Railway to Oslo

🕒 Norway in a Nutshell: Flåm to Oslo

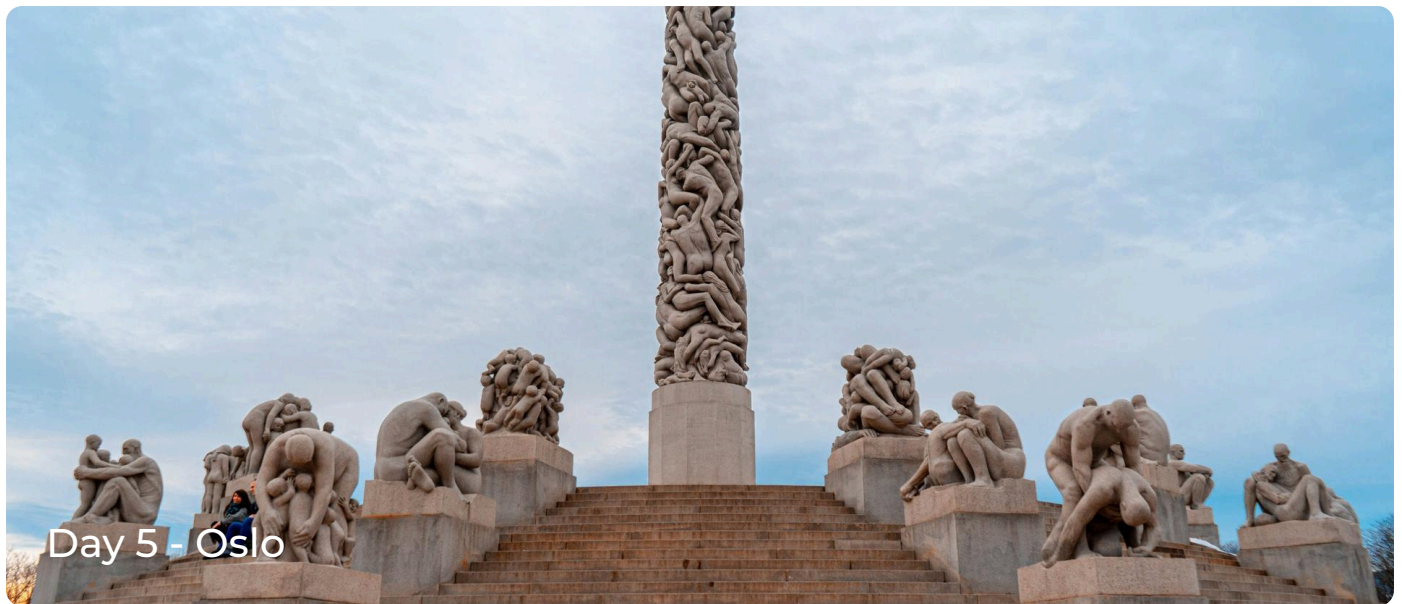
Continue your **Norway in a Nutshell** journey with a ride on the world-famous **Flåm Railway**, one of the steepest and most beautiful train routes in the world. Climbing from sea level in Flåm to **Myrdal Station**, 900 metres above sea level, the route winds through dramatic mountain scenery, waterfalls, and tunnels carved into the rock—an unforgettable highlight of your Norwegian adventure.

At **Myrdal**, connect to the **Bergen Railway** for a scenic five-hour journey across rugged mountain plateaus, shimmering lakes, and forested valleys before descending into **Oslo**, Norway's vibrant capital.



🏠 Centrally located Hotel in Oslo

Two night's of accommodation is provided in the city centre.



Sightseeing in Oslo

🕒 Day at leisure in Oslo

Spend the day discovering **Oslo**, Norway's vibrant capital, beautifully set at the head of the **Oslofjord** and surrounded by forested hills. The city offers a perfect mix of nature, art, and modern architecture—all within easy reach.

Wander along the waterfront to admire the striking **Oslo Opera House**, where you can walk up the sloping roof for panoramic views of the city and harbour. Explore the tranquil **Vigeland Sculpture Park**, home to over 200 remarkable bronze and granite works, or visit the **MUNCH Museum**, dedicated to Norway's most celebrated artist. A **guided bike tour** is a popular way to experience Oslo's highlights, from its leafy parks and historic fortresses to its contemporary neighbourhoods filled with cafés, galleries, and Nordic design. However you choose to spend your day, Oslo offers a refreshing balance of culture, creativity, and natural beauty.

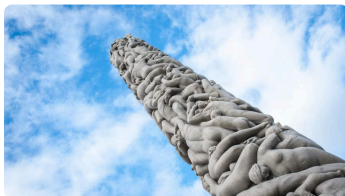
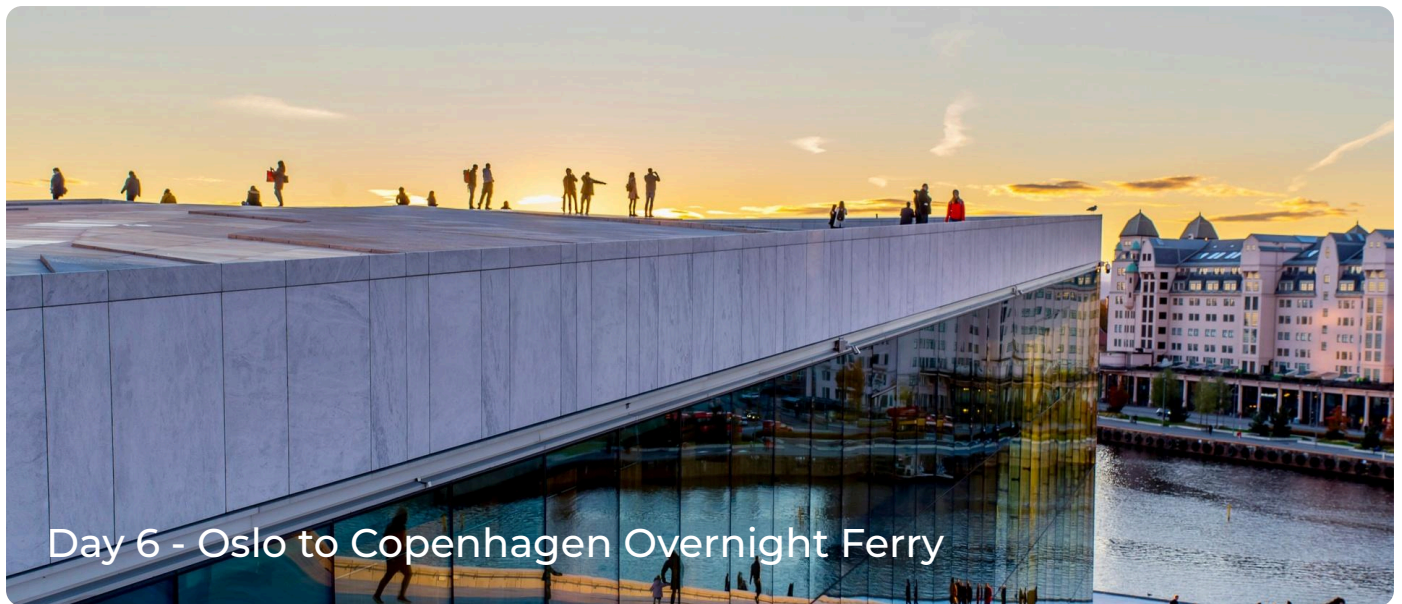


Image 4



Day 6 - Oslo to Copenhagen Overnight Ferry

Morning at leisure in Oslo, Overnight Ferry to Copenhagen

🕒 Overnight Ferry from Oslo to Copenhagen

Enjoy a relaxed morning in **Oslo**, before your journey south to Denmark.

Take time to explore the city's waterfront precinct of **Aker Brygge** and **Tjuvholmen**, where cafés and boutique shops line the sparkling Oslo Fjord. Stroll up to the striking **Oslo Opera House**, famous for its sloping roof that invites visitors to walk to the top for sweeping city and harbour views. Art lovers may wish to visit the nearby **MUNCH Museum** or **Vigeland Sculpture Park**, home to over 200 expressive works by Gustav Vigeland. Later in the afternoon, make your way to the port to board the **overnight ferry to Copenhagen**.

Your comfortable cabin offers a restful night's sleep as the ship sails through the scenic Oslo Fjord and across the Kattegat Sea.

Onboard, enjoy dinner at one of the restaurants, browse the duty-free shops, or simply relax on deck and take in the view as the sun sets over the water.

Wake up the next morning to your first glimpse of **Copenhagen**, ready to begin your Danish adventure.



🛏 2-berth private outside cabin

One night's accommodation is provided in a 2-berth private outside cabin



Arrive in Copenhagen and Explore the City

🕒 Day at leisure in Copenhagen

After breakfast, arrive in **Copenhagen**, Denmark's charming capital.

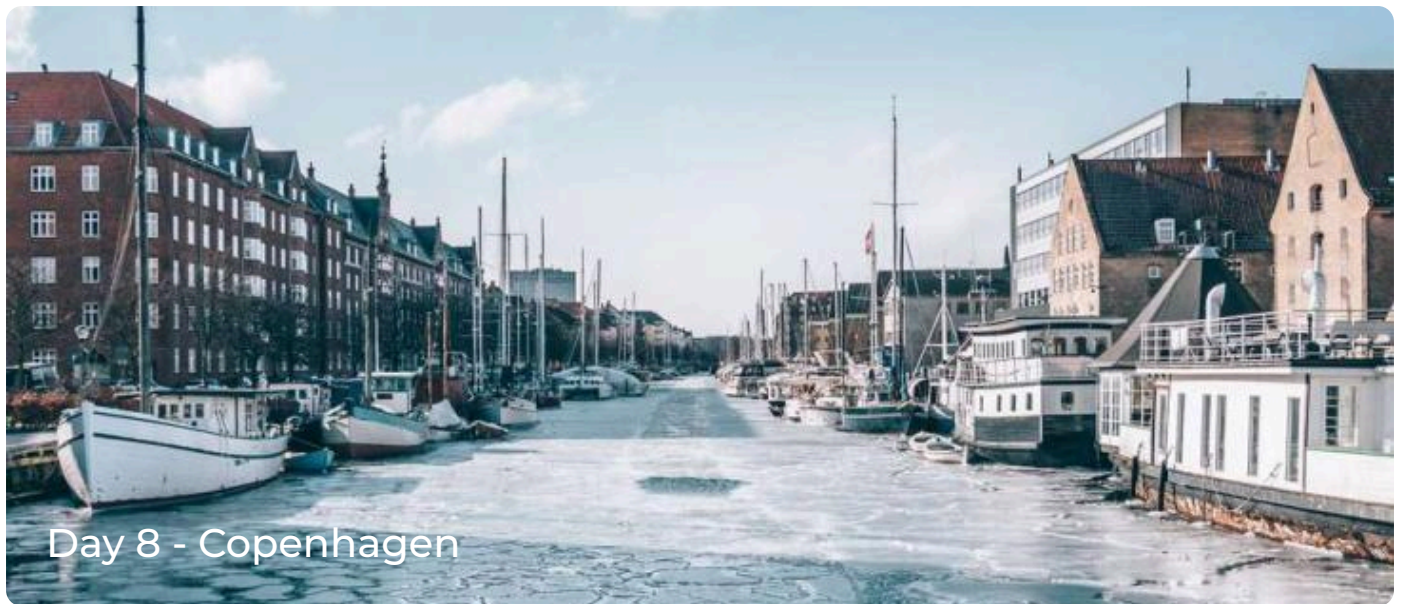
Renowned for its exceptional quality of life, vibrant cycling culture, and rich history, Copenhagen blends old-world elegance with modern Scandinavian style. Founded in **1167**, the city has more bicycles than cars and is home to **Strøget**, the world's longest pedestrian shopping street.

Discover iconic landmarks such as **Tivoli Gardens**, **Nyhavn Harbour**, and the **Little Mermaid statue**, or wander along cobblestone streets lined with grand palaces and royal treasures. Once the capital of Norway and an important port city, Copenhagen remains a thriving centre for culture, design, and education. With one of the world's oldest monarchies and roots tracing back to the **Viking Age**, history is ever-present—woven beautifully into the everyday rhythm of modern Copenhagen life.



🏠 Centrally located Hotel in Copenhagen

Two night's of accommodation is provided in the city centre.



Day 8 - Copenhagen

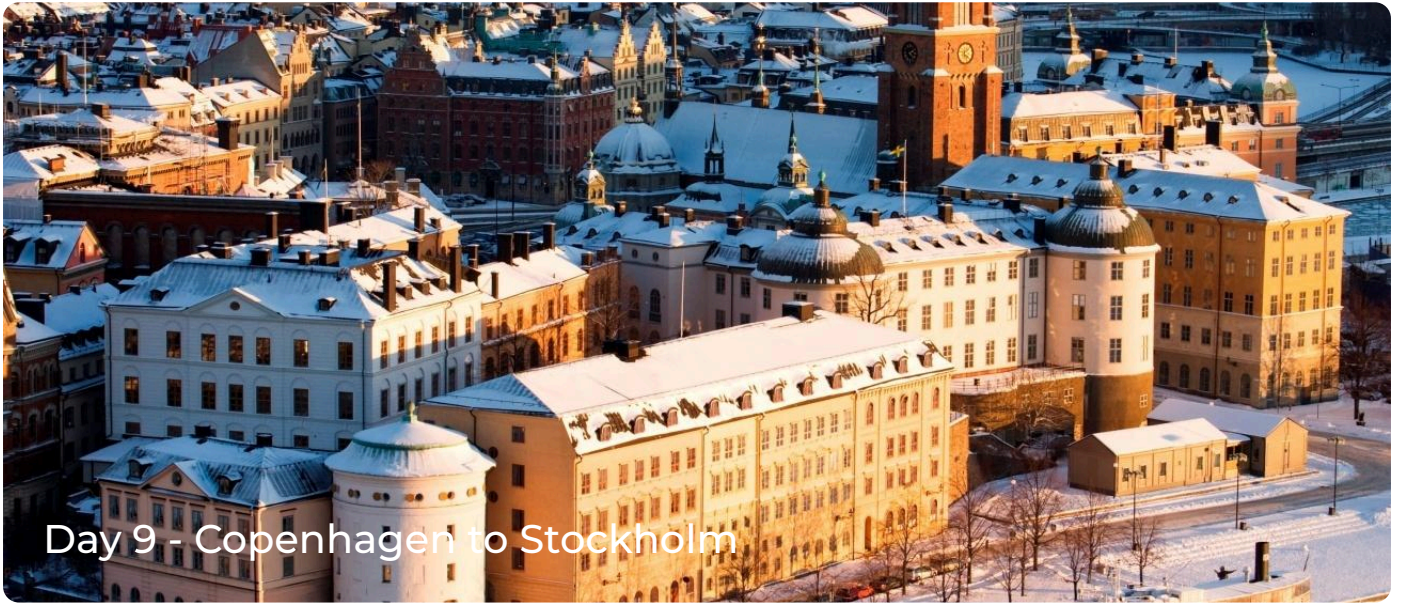
Leisure Day and Hygge Walking Tour in Copenhagen

🕒 Day at leisure in Copenhagen

Enjoy a full day to explore **Copenhagen** at your own pace—a city where modern design, royal history, and everyday comfort blend seamlessly. A **walking tour centred on the Danish concept of hygge**—the art of comfort, connection, and simple pleasures—is highly recommended for anyone wishing to experience local life the Danish way. Stroll through charming streets lined with colourful houses, relax in a cosy café, or join the locals by the harbour for a moment of calm.

Did you know?

- Copenhagen began as a **small fishing village**.
- The city boasts **15 Michelin-starred restaurants**, showcasing its world-class culinary scene.
- It's home to **two of the oldest amusement parks in the world**—Tivoli Gardens and Bakken.
- Copenhagen has been voted **the best city for urban swimming**, with locals diving into clean harbour waters year-round.
- **Kronborg Castle**, immortalised as *Elsinore* in Shakespeare's *Hamlet*, sits just north of the city.
- Around **half of all Copenhageners cycle** daily, rain or shine.
- **Winter sea swimming** in the icy harbour is a beloved local ritual.
- Copenhagen is one of **Europe's greenest capitals**, with parks, canals, and rooftop gardens throughout.
- It's **easy to explore on foot, by bike, or by metro**, making it wonderfully accessible.
- The **harbour is so clean** that mussels naturally thrive there.
- Historically, Copenhagen also served as **the capital of both Norway and Sweden**.
- The city houses **the world's largest collection of unopened beer bottles**.
- It features **one of the world's longest pedestrian-only shopping streets**.
- And when night falls, Copenhagen comes alive with a **vibrant jazz scene**, adding rhythm to its relaxed, welcoming atmosphere.



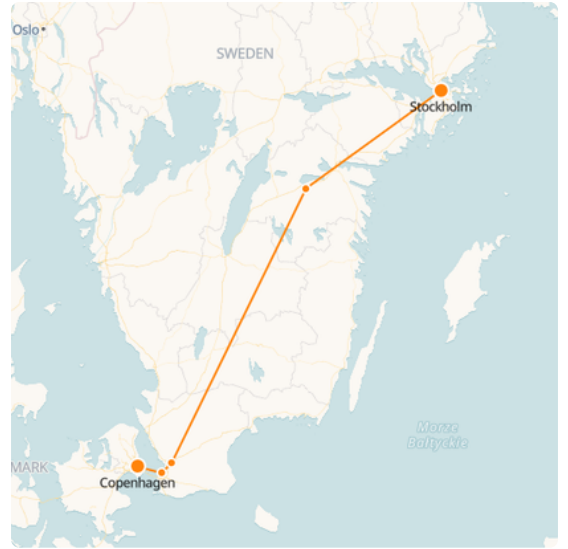
Day 9 - Copenhagen to Stockholm

Travel from Copenhagen to Stockholm by Train

Train from Copenhagen to Stockholm

Sit back and enjoy one of Scandinavia's most scenic rail journeys as you travel from **Copenhagen to Stockholm**. The comfortable high-speed train glides through the Danish countryside, crosses the impressive **Øresund Bridge** into Sweden, and continues past rolling farmland, sparkling lakes, and charming towns.

The journey takes around five hours, offering the perfect blend of relaxation and sightseeing from your seat. Enjoy onboard amenities, free Wi-Fi, and spacious seating as you watch the Nordic landscape unfold. Arriving in **Stockholm Central Station**, you'll find yourself in the heart of Sweden's elegant capital—ready to explore its islands, history, and contemporary charm.



🏠 Centrally located Hotel in Stockholm

Two night's of accommodation is provided in the city centre.



Leisure Day and Archipelago Boat Tour in Stockholm

🕒 Day at leisure in Stockholm

Enjoy a full day to explore **Stockholm** at your own pace. Spanning fourteen islands and linked by shimmering waterways, Sweden's capital is a city made for slow discovery. Wander the cobbled streets of **Gamla Stan**, browse the stylish boutiques and cafés of **Södermalm**, or visit world-class museums such as the **Vasa Museum** and **ABBA The Museum**.

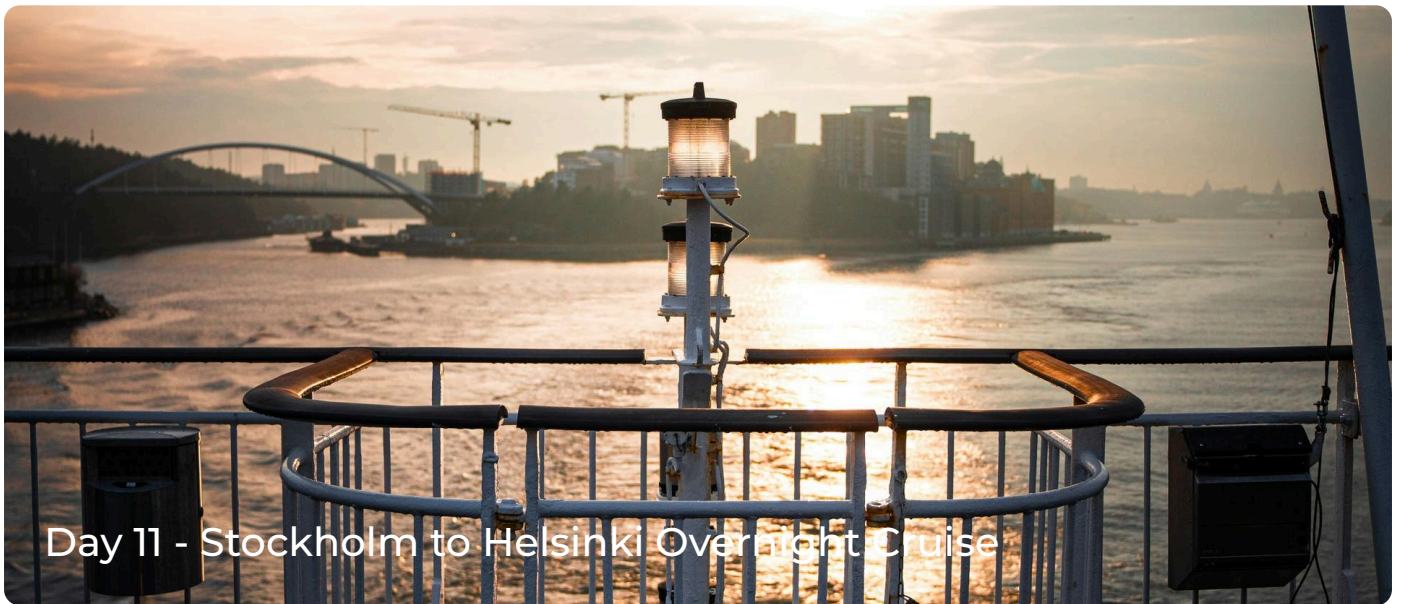
A **boat tour of the archipelago** is a must-do experience, revealing Stockholm's deep connection to the sea. Glide past tranquil islands, charming fishing villages, and classic wooden houses that reflect Sweden's maritime heritage.

Highlights of the Archipelago

- **Islands and scenery:** Explore part of the **30,000 islands** that make up the archipelago, with serene waters, lush forests, and rocky coastlines.
- **Vaxholm:** A popular hub known for its **historic fortress** and pretty wooden houses.
- **Fjäderholmarna:** A peaceful island just 30 minutes from the city centre—perfect for a short escape.

- **Local life:** Discover small villages, cosy cafés, and swimming spots loved by locals.
- **Outdoor experiences:** Choose from short **guided boat tours**, scenic **hikes between islands**, or longer adventures exploring local culture and natural beauty.

Whether you spend the day by the water, strolling the old town, or simply enjoying a *fika* by the harbour, Stockholm offers the perfect blend of history, nature, and Scandinavian charm.



Leisure in Stockholm and Overnight Cruise to Helsinki

🕒 Morning at leisure in Stockholm

Morning at leisure. Suggest a visit to the hip neighbourhood of Södermalm and for shopping, Norrmalm is recommended and well worth the visit.

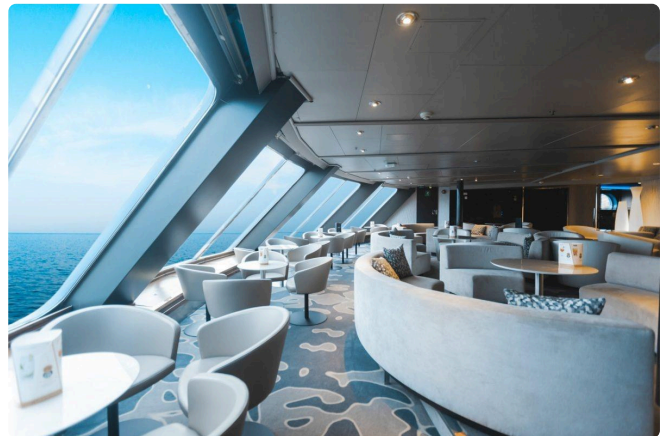


🚢 Overnight Ferry from Stockholm to Helsinki

Late afternoon departure for **Helsinki** aboard a comfortable **overnight cruise** across the Baltic Sea. Step onboard and settle into your cabin as the ship glides past the islands of the **Stockholm archipelago**, a stunning farewell view of Sweden's coastal beauty.

Enjoy a relaxed evening on board—dine in one of the ship's restaurants, take in live entertainment, or browse the duty-free shops. As night falls, unwind on deck with a drink in hand and watch the sun set over the sea.

Wake the next morning to the sight of **Helsinki's** skyline coming into view, ready to begin your Finnish adventure refreshed and relaxed.





Day 12 - Helsinki

Explore Helsinki's Iconic Sights and Culture

🕒 Day at leisure in Helsinki

After breakfast on board, step ashore and begin your exploration of **Helsinki**, Finland's stylish seaside capital. Blending Nordic charm with modern design, the city is easily explored on foot and offers a wealth of sights to discover at your own pace.

Stroll through **Senate Square**, home to Helsinki Cathedral and surrounded by neoclassical architecture, before passing the **Presidential Palace**, **City Hall**, and the lively **Market Square**, where locals gather to shop, eat, and enjoy views of the harbour. Nearby, the red-brick **Uspenski Cathedral** stands proudly as the largest Orthodox church in Western Europe.

Take a walk along the elegant **Esplanade Park**, lined with cafés and boutiques, leading towards the **Parliament House**, the striking **Museum of Contemporary Art Kiasma**, and the iconic **Tempeliaukio Church**—the famous Rock Church carved directly into solid granite.

Whether you spend your day sightseeing, relaxing in a café, or discovering Helsinki's renowned design and architecture, this vibrant city offers the perfect introduction to Finland's unique blend of tradition and innovation.

🏠 Centrally located Hotel in Helsinki

Two night's of accommodation is provided in the city centre.



Day 13 - Helsinki

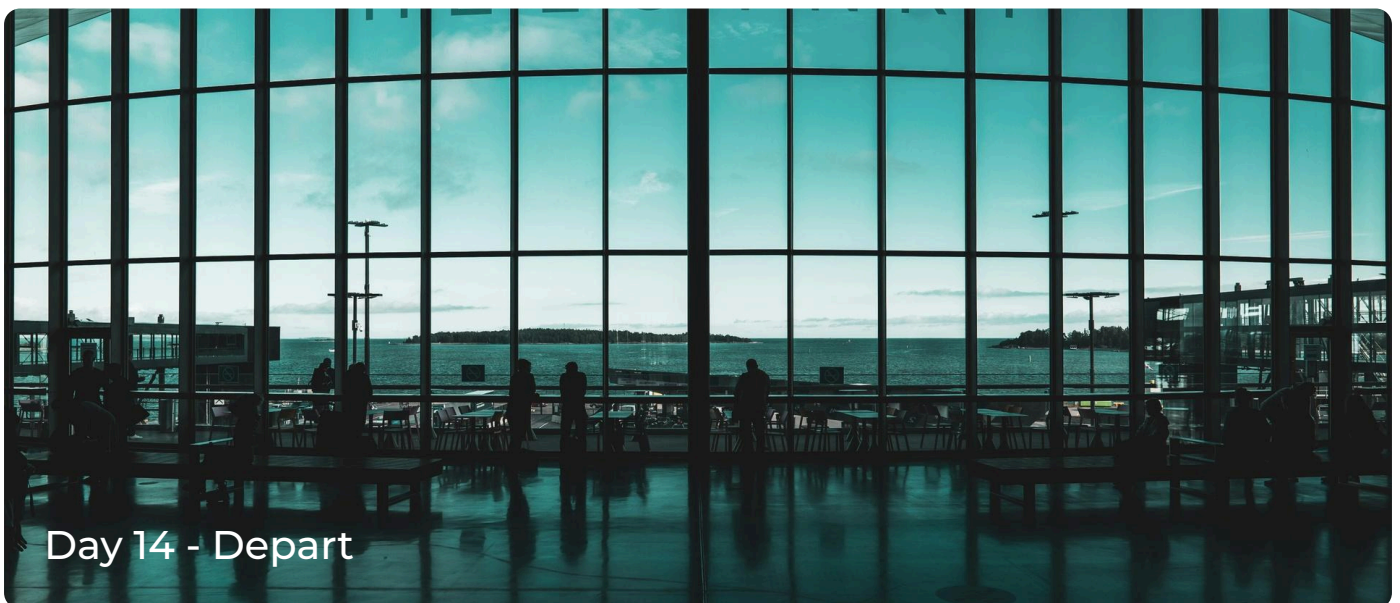
Leisure Day and Sightseeing in Helsinki

🕒 Day at leisure in Helsinki

Enjoy another day at leisure to further explore **Helsinki**, a city that blends elegant architecture, seaside charm, and cutting-edge design.

During the **summer months**, the **hop-on hop-off buses** provide a convenient and flexible way to discover the city's highlights—stop at landmarks such as **Helsinki Cathedral**, **Sibelius Monument**, **Temppeliaukio Church (Rock Church)**, and the lively **Market Square** at your own pace.

In **winter**, a **panorama bus tour** is a comfortable way to take in the sights while staying warm, offering sweeping views of the capital's snow-dusted streets and historic landmarks. Whether you explore on foot, by bus, or simply relax in a cosy café, Helsinki's effortless blend of culture and calm makes every moment enjoyable.



Day 14 - Depart

Check Out and Depart at Leisure

🕒 Check out and depart

After breakfast, **check out** of your hotel and **depart at your own leisure**.



Inclusions and Highlights

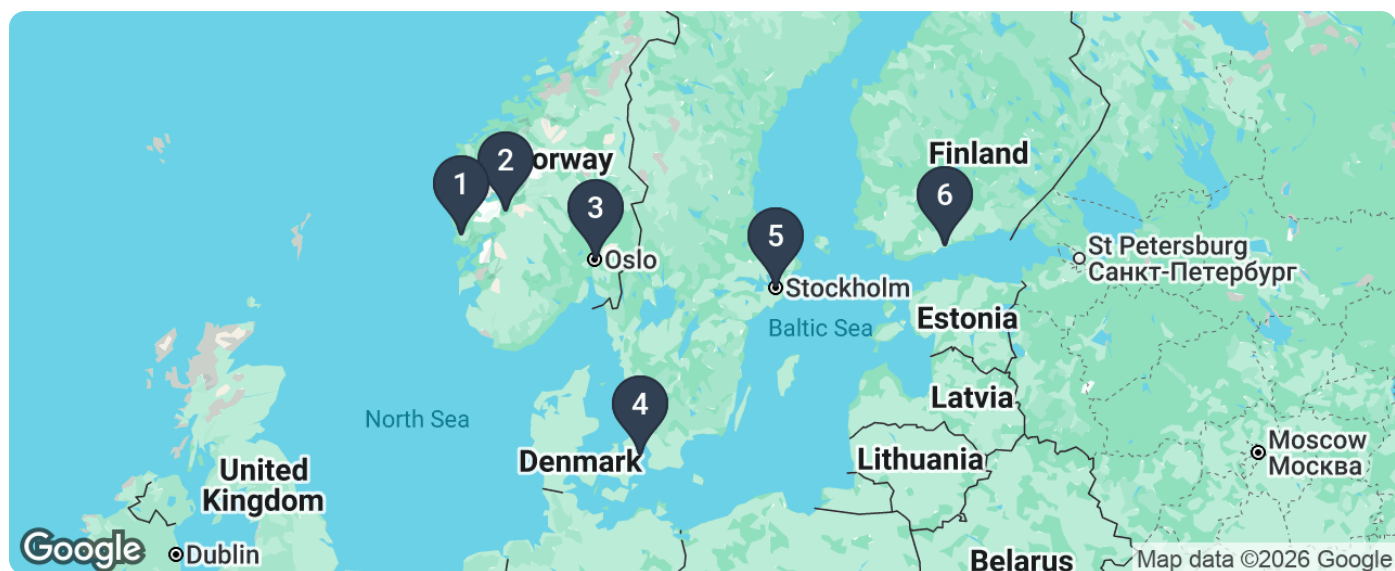
✓ INCLUSIONS:

- Based on **3-star twin share** (ask for pricing on other categories)
- **11 nights' hotel accommodation** with private facilities
- **Overnight cruise from Copenhagen to Oslo**
- **Overnight cruise from Stockholm to Helsinki**
- **Train travel from Copenhagen to Stockholm**
- **Breakfast daily**
- **Norway in a Nutshell tour from Oslo to Bergen**, including fjord cruise and scenic mountain railways

📷 TOUR HIGHLIGHTS:

- **Overnight Cruises** – Relax in comfort as you sail between the Nordic capitals, enjoying stunning sea views and onboard Scandinavian hospitality.
- **Exploring Old Towns** – Wander the charming cobbled streets of Copenhagen, Stockholm, Oslo, and Helsinki, rich with history and local culture.
- **Scenic Flåm Railway** – Experience one of the world's most beautiful train journeys, climbing through dramatic mountain landscapes to Myrdal.
- **Fjord Cruise** – Cruise through Norway's UNESCO-listed Aurlandsfjord and Nærøyfjord, surrounded by towering cliffs and cascading waterfalls.
- **Picturesque Bergen** – Discover the colourful Bryggen Wharf, lively Fish Market, and panoramic views from Mount Fløyen in Norway's gateway to the fjords.

Map



1. Bergen Bergen, Norway 2. Flåm Flåm, Norway 3. Oslo Oslo, Norway 4. Copenhagen Copenhagen, Denmark
5. Stockholm Stockholm, Sweden 6. Helsinki Helsinki, Finland